



May 2019



"This institution is an equal opportunity provider and employer."

Monday	Tuesday	Wednesday	Thursday	Friday
Daily Milk 1% white & Fat Free flavored All of our bread/grain products are whole grain.	State law requires our students to choose 3 of the 4 choices for a full breakfast and 3 of the 5 for a full lunch.	Menu items subject to change. Cereal, milk, and juice offered daily for breakfast.	<ul style="list-style-type: none"> Daily Milk 1% white & Fat Free flavored All of our bread/grain products are whole grain. 	ALL STUDENTS MUST TAKE ½ cup OF FRUITS OR VEGETABLES EACH MEAL
<div style="border: 1px solid black; background-color: #ffe6e6; padding: 5px; display: inline-block;"> VIEW YOUR CHILD'S ACCOUNT ON THE JCS WEBPAGE. GO TO PARENTS THEN FIND THE STUDENT MEAL ACCOUNTS LINK. </div>		1 Baked chicken w/rice pilaf, cheese stick, cranberry sauce, California blend, fruit <i>Egg, Sausage, & Cheese Sandwich</i>	2 Turkey bagel melt, sweet potato fries, green bean medley, celery sticks, fruit <i>Breakfast Pizza</i>	3 Pizza- buffalo or cheese, Caesar salad, cucumber slices, fruit <i>Cereal, Pop Tart, Oatmeal</i>
6 Hamburger/cheeseburger, onions, baked beans, pickles, fruit <i>Cinnamon Oatmeal Cookie</i>	7 Nacho Grande, lettuce, tomato, olives, salsa, cheese sauce, fruit <i>Pancakes & Sausage</i>	8 Popcorn chicken, mashed potatoes, corn, cranberry sauce, gravy, tossed salad fruit <i>French Toast</i>	9 Chicken bacon wrap, lettuce, tomato, cheese, pickle, fruit <i>Muffins</i>	10 Pizza- cheese or pepperoni, Caesar salad, fruit <i>Waffles</i>
13 Chicken tenders, sweet potato fries, steamed carrots, tossed salad, fruit <i>Cini Mini/Frudels</i>	14 Spaghetti & meatballs, tossed salad, broccoli, garlic bread, fruit <i>Muffins</i>	15 Tacos, lettuce, tomato, refried beans, cheese, olives, fruit <i>Toasted Bagels</i>	16 Chicken Caesar wrap or over rice, peppers, onions, lettuce, tomato, cheese, fruit <i>Breakfast on a Stick</i>	17 Pizza- sausage or cheese, Caesar salad, fruit <i>Cereal, Oatmeal, Pop Tarts</i>
20 Sub day- Tuna, ham, bologna, lettuce, tomato, cheese, pickle, fruit <i>French Toast</i>	21 Pizza roll w/meatballs, broccoli, garlic toast, tossed salad, fruit <i>Pancakes & Sausage</i>	22 Chicken Fajita wrap w/ bacon, cheese, pickle, fruit <i>Toasted Bagels</i>	23 Chicken/Fish Patty, lettuce, tomato, cheese stick, French fries, pickle fruit <i>Waffles</i>	24 Pizza- cheese or buffalo, Caesar salad, fruit <i>Cereal, Oatmeal, Pop Tart</i>
27 <div style="border: 1px dashed black; padding: 10px; text-align: center; width: 80%; margin: 0 auto;">NO SCHOOL</div>	28	29 Ham Bagel Melt, tator tots, veggie, fruit <i>Sausage & Hash Brown</i>	30 Chicken/Fish nuggets, hash brown, baked beans, mixed veggies, fruit <i>Breakfast on a Stick</i>	31 Pizza- Buffalo, cheese or pepperoni, Caesar salad, fruit <i>Cereal, Pop Tart, Oatmeal</i>